



50+ Recreation December 2018

Our mission is to enrich the lives of our citizens.

ISSUE 12

www.ColumbusRecParks.com

WinterFest

SATURDAY, DEC. 1 | 11 A.M. – 4 P.M. | BICENTENNIAL PARK

Join us for the second annual WinterFest, a celebration of giving featuring local and national musical acts, seasonal ales from hometown breweries and favorite dishes from Columbus food trucks. A portion of food truck and beer sales will be donated to the Mid-Ohio Foodbank. CD102.5, The Alternative Station, and CW Columbus are the promotional partners for WinterFest.

Bicentennial Stage Schedule:

11 a.m.– Theo's Loose Hinges

12:30 p.m. – Theo's Loose Hinges

11:45 a.m. – Mistar Anderson

1:15 p.m. – Mistar Anderson

2:30 p.m. – Nationally recognized Nashville artist Rayland Baxter

Food trucks include: Alphabetical Food Truck & Catering, Buckeye Donuts, Cazuela's Food Truck, The Cheesy Truck, Chicky Chicky Waffle, Good & Tasty Barbeque, Kenny's Meat Wagon, Mixing Bowl Asian Grill, OH! Burgers, Paddy Wagon Food, Pitabilities and Sweet-T's Southern Style Food Truck.

CRPD staff and volunteers will be on hand selling hand-crafted bowls as part of the Empty Bowls initiative which supports the Mid-Ohio Foodbank. Now in its 21st year, Empty Bowls has raised more than \$250,000 to fight hunger in our community.

In addition to WinterFest, the Scioto Mile will be aglow with thousands of twinkling lights beginning Nov. 21 adding an air of festivity to downtown Columbus.

WinterFest is presented by the Columbus Recreation and Parks Department and made possible through the generous support of CD102.5, The Alternative Station, CW Columbus and Mike Gallicchio.

Golden Hobby Shop
630 S. Third St. in German Village
Columbus, Ohio 43206
Phone 614-645-8329

Shop Hours of Operation: Tuesday- Saturday
10 am – 5 pm
Free parking

The Golden Hobby Gift Shop is a holiday fantasy! Along with our regular hours, we're open Sundays from noon-5pm through December 16, and we will be serving refreshments. Handcrafted gifts for all ages, one-of-a-kind greeting cards and gift card holders, host/hostess gifts. We have over 13,000 unique and very reasonably priced items in this 1864 school building. Once you experience GHGS you'll return over and over, guaranteed.

December 2018

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Newsletter Editor: Wendy Frantz	614-645-7427

Dance

Gillie Dance

Line Dance *Beginners* Tuesdays 1 pm
Advanced Tuesdays 2 pm
Intermediates Fridays 10:30 am

Move & Groove Mondays 7:30 pm

Tap Dance:

Advanced Wednesdays 10 am

Beginning Wednesdays 10:50 am

Ballet Class Wednesdays 5 pm

Gillie Wednesday Evening Dance Information

6:30 – 9 pm Admission: \$5

Come early for line a line dance session: 6:30-7 pm.

The DJ begins spinning a variety of dance music at 6:30 pm. Refreshments served, dancing until 9 pm.

Weekly Themes:

December 5 No Dance

Saturday, December 8 Christmas Dinner Dance

December 12 Santa Hop

December 19 No Dance

December 26 No Dance

A Rockin' Little Christmas

with Michael Rose and Betty Douglas-Londergan

Saturday, December 8 Cost \$18

5:30 Doors open; 6:00 dinner; 6:30 dance show;
 7:00 show

Rockin' your holiday with great Pop, Rock-n-Roll, R&B, Jazz and of course, your Christmas Favorites. We'll have Line Dance instruction, a Ballroom Dance exhibition and prizes.

For more information please call 645-3106

Marion Franklin

Line Dance (Intermediate)

Mondays, Wednesdays and Fridays 10-11 am

Beginners Wednesdays 11:15 am

Men's Tuesdays and Thursdays 1 pm

Line Dance Workout Tuesday and Thursday 10 am

Evening Line Dance

Beginners Tuesdays and Thursdays 5:30-6:30 pm
 \$20 per person, per session

Urban Ballroom Dancing

Tuesdays 7-8:30 pm \$25 per person, per session

Zumba

Wednesdays 6-7 pm \$25 per person, per session

Red Hats

Dodge

Christmas Tea at The Shai Davis Home

Tuesday, December 4 11:30 am Cost \$30

Payment due at registration.

Red Hat Christmas Party at Dodge

Thursday, December 13 Noon

Gillie's Fillies Red Hatters: Mark your calendars!

Red Hat Christmas Party

Friday December 14 11:30 am

The Party will be held in the Gillie Card Room. We will have \$5 gift exchange plus \$2 for our project.

Trips

Barnett

645-3065

Butch Bando's Fantasy of Lights (formerly Alum Creek's Fantasy of Lights)

Thursday, December 6 4 pm Cost \$5

Join us for a festive drive through Butch Bando's Fantasy of Lights! Bring enough money for dinner, as we will be stopping at Carrabba's on our way to the lights.

Dodge

645-8151

Dodge will be taking a break from trips December due to the holidays and how busy the season gets. If you have any suggestions for affordable trips or places you would like to visit (e.g. museums, points of interest, shopping, tours, festivals, sports or theatre events in Ohio) in 2019, please submit them to the front desk trip suggestion box or to Ms. Holly so she can plan trips for next year. Your input is important; and we would like to plan trips that you would be interested in attending (not just Ms. Holly's ideas).

Gillie

645-3106

Gillie Trip Policy for 2018: Please call 645-3106.

La Comedia Presents:

Irving Berlins "White Christmas!"

Thursday, December 13 8:30 am - 5 pm Cost \$50

Cost includes: ticket, transportation and buffet

The most popular stage show of all time inspired the classic film. Two World War II veterans' host a successful song-&-dance act and follow a duo of beautiful singing "sisters" en route to the Christmas show at a Vermont lodge. Cue the snow!

Register at Gillie or Dodge today.

Gillie's trips are continued on page 3.

Trips

Gillie (continued) 645-3106

Lunch Bunch

Wednesday, December 19 11 am-2 pm Cost \$5

Join us for a trip to the Nutcracker Family Diner in Pataskala.

Registration begins Wednesday, December 5.

Marion Franklin 645-3612

Breakfast and Movie

Tuesday, December 11 9 am Cost \$5

Movie will be determined a week prior, based on showings and times. Please submit movie suggestions the Friday before trip. Please register at the front desk.

Martin Janis 645-5954

Amish Shopping

Thursday, December 6 9:30 am

Cost: \$10 for transport, lunch on your own

It's time to get serious about late season holiday shopping. What better way to celebrate the holiday season than to head up to Amish Country (Sugar Creek) for their unique gift ideas and a great holiday meal at Der Dutchman!

Lights of Clifton Mill

Thursday, December 13 4 pm

Cost: \$10 for transport, \$10 admission, lunch on your own

Be amazed at the 3.5 million lights including a 100 ft. 'waterfall' and covered bridge. Browse the Miniature Village as well as the Gift Shop and Santa Clause Museum while sipping tasty hot chocolate.

Martin Janis (continued) 645-5954

Delaware Fantasy of Lights

Thursday, December 20 4:30 pm

Cost: \$10 for transport, Dinner at TAT Ristorante Di Familia-on your own

Join us as we travel to Alum Creek State Park for a festive evening of holiday lights, free hot chocolate and cookies, Santa and plenty of laughter!

Whetstone 645-3217

Note: Any participant signing up for Whetstone trips must present payment at the time of registration.

Outlet Mall Shopping

Wednesday, December 5 10 am

We are going to the outlet malls for a last chance x-mas gift shopping spree. Contact Mike to RSVP.

Ann & Tony's

Wednesday, December 12 10:30 am

It's time for the annual Trip to Ann and Tony's. Wear your Sunday best or your ugly sweater on this trip. Contact Mike to RSVP.

Lunch

Wednesday, December 19 10:30 am

A surprise x-mas Italian lunch. There will be other stops on this trip. Please RSVP to Mike if you want to attend.

**Lazelle Woods Multigenerational Center
645-5330**

Anna Marie Brown, Center Manager

Hours: Mon-Fri 8 am- 5 pm

8140 Sancus Blvd., 43081

Monday

Pickle Ball	8:30-10:30am	\$10 Sports Pass
Fitness Fuzion	9:30-10:30am	\$30
Open Clay Class with Phyllis	7:00-8:45pm	\$10

Tuesday

Adult Pottery	7:00-8:45pm	\$10
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Wednesday

Fitness Fuzion	9:30-10:30am	\$35
Pickle Ball	1:00-3:00pm	\$10 Sports Pass
Yoga	6:30-7:30pm	\$25
Taiji	7:15-8:15pm	\$25

Thursday

Piano Level 1	5:30-6:00pm	\$25
Adult Needle Crafts	7:00-7:45pm	Free

Friday

Pottery with Phyllis	Noon-2:00pm	\$20 + Mtls.
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Saturday

Beginners Hatha Yoga	10:00-11:00am	\$60
Taiji	11:00am-Noon	\$25
Dance Fit & Toning	12:15-1:15pm	\$25

*Barnett will be CLOSED the following days:
Tuesday, December 25th in observance of Christmas
Tuesday, January 1st for New Year's Day*

Water Aerobics

Monday, December 3 9:30 am Cost \$2

We will head to the Aquatics Center for a low resistance, low-impact workout. Please register at the front desk.

Cookie Bake

Thursday, December 13 2 pm

We will supply the ingredients and kitchen, you supply your best recipe. Join us for an afternoon of baking and sweet treats. Please sign up at the front desk if interested so that we have enough supplies for everyone.

Holiday Breakfast & White Elephant Exchange

Tuesday, December 18 10 am

Come join us for breakfast at Barnett as we celebrate the holiday season. If you are interested in participating in the gift exchange, please bring a wrapped white elephant gift to contribute.

Barnett Beginner's Pickleball Tournament

Thursday, December 20 12:30 pm

Our beginner Pickleball community at Barnett has been growing –come show off your skills! This tournament will be single elimination matches. Grab your doubles partner and sign up at the front desk today -we will only be taking the first eight pairs. Light refreshments will be provided.

This is a beginner's event!!

Grand & Me Story Time Crafts

Wednesdays 3 pm

Bring your little one with you for a fun afternoon of story time, crafts and a snack!

Kettlebell Training

Tuesdays 10 am

You've seen them in the weight room, but do you know all of the exercises you can do with them? Join us for a total body kettlebell workout. Register today as space, and kettlebells, are limited.

The Game Room

Monday-Friday 10 am-3 pm

Stop in for puzzles, a game of cards, billiards or even Skee-Ball.

Open Basketball

Tuesday and Thursday 10 am-Noon

Pickleball

Mondays 3 pm

Thursdays 12:30 pm

Join us for open Pickleball twice a week. All levels welcome –come learn the rules or share your talents.

Interested in Volunteering? Have a special skill to share?

We are always looking for volunteers to help at the front desk, as well as with classes and special events. Please contact the center (614.645.3065) for opportunities.

Mark your Calendars:

Annual Dr. Martin Luther King, Jr Showcase of Dreams Talent Show

Saturday, January 26 2 pm

Got Talent? Interested in Performing? Contact us at 614.645.8863.

Fall II Class Schedule

Stay Young, Stay Fit *Mon, Wed & Fri* 9:00 am

Walking Club *Mon, Wed & Fri* 10:00 am

Beginner Line Dance *Mon & Wed* 10:30 am

Showcase Line Dancing
Mon & Wed 12:15 pm

Wood Carving *Mondays* 1:30 pm

Kettlebell Training *Tuesdays* 10:00 am

Core & More *Thursdays* 10:00 am

Chair Fitness *Tuesdays* 11:00 am

Ceramics Open Studio
Tuesdays 1:30 pm

Rise & Ride *Tues & Thurs* 9:00 am

Knit & Crochet Club *Wednesdays* 1:30 pm

Senior Weightlifting *Thursdays* 11:00 am

Yoga/Tai Chi *Fridays* 11:00 am

Painting *Fridays* 1:30 pm

****If there are any 50+ classes or special events you would like to see offered at Barnett, please let us know. We are always looking for new ideas!***

Dodge will be CLOSED the following days:
 Tuesday, December 25 Christmas Day
 Tuesday, January 1 New Year's Day

Lisa Gibson with OSU
Thursday, December 20

Lisa Gibson will be here to discuss *"Identifying whole grains and saving food dollars."*

Dodge Morning Walking Club with Holly
Mondays, Wednesdays & Fridays 8:15-9 am

We will walk various paths, and if it's raining we will walk around the gym! Bring a friend, get your walking shoes on, and log some steps with new walking challenges each week! On some Fridays, we may not meet due to Dodge's trip schedule.

Chair Volleyball
Mondays and Thursdays 1 pm

Come on out and join us for some chair volleyball two times a week. It's great exercise and everyone loves a little competition!

Dodge Chorus
Tuesdays 1 pm

We are always looking for new members so if you would like to sing with our Chorus. Please join us.

Crochet
Wednesdays 1 pm

Open to beginners and advanced; knitters also welcome

Dodge Diet Club
Wednesdays 3 pm

Need some support maintaining, or motivation to start a healthy diet or healthy eating in 2018?

Brushes and Brews with Ms. Holly (don't get too excited its brewed coffee or tea, but I made you look ☺)

Holiday Painting Workshop
Thursday, December 6 9:30 am-12:30 pm Cost \$10

This cost includes canvas, supplies, and refreshments that are provided at the workshop. Join us to celebrate the spirit of the season with this painting class and we create a festive holiday painting that will warm even the Grinchiest of hearts. No painting experience is necessary! Sign up today to reserve your spot! Payment due at registration. 15 person limit.

Ugly Holiday Sweater Party & White Elephant Gift Exchange

Wednesday, December 12 11 am-1 pm Cost \$5
Only 30 tickets will be sold. Purchase yours now!

For those who wish to participate in the exchange, you must bring in a wrapped white elephant gift! Join us as we celebrate the holiday season. 1st, 2nd and 3rd place prizes will be awarded for our ugly sweater contest. **Hand decorated ugly sweaters are encouraged**, for the ugly sweater Parade!

Classes for Fall 2 (Oct. 30th - Dec. 15th)

Walking Club	Mon, Wed & Fri	8:15 am
Beading	Mondays	9:00 am
Senior Fitness	Mondays	9:00 am
Shuffle Board	Mondays	10:00 am
Painting	Mondays	10:30 am
Chair Volleyball	Mon & Thurs	1:00 pm
You Sew Fine	Mondays	1:30 pm
Zendoodle journals	Mondays	3:30 pm
Indoor Cycling	Mon. & Weds.	9:30 am
Quilting	Tuesdays	9:00 am
Drawing	Tuesdays	11:00 am
Chorus	Tuesdays	1:00 pm
Euchre	Tuesdays	12:00 pm
Painting and crafts	Tuesdays	1:00 pm
Ceramics	Tues & Fri	1:00 pm
50+ Sewing	Tuesdays	1:30 pm
Warm up Cardio	Wednesdays	8:30 am
Service Circle	Wednesdays	9:00 am
Clogging	Wednesdays	10:00 am
Seasonal arts & crafts	Wednesdays	10:30 am
Chair fitness	Wednesdays	11:00am
Crochet	Wednesdays	1:00 pm
Dodge Diet Club	Wednesdays	3:00 pm
Bingo	Thursdays	11:00 am
50+ Alterations	Fridays	1:00 pm

Interested In Volunteering? We are always looking for volunteers to be front desk hosts/hostesses or to assist in planning and coordinating trips or special events, even volunteering to teach a class or workshop, you have a talent or skill to share. Please inquire at the front desk for volunteer opportunities at Dodge.

Center will be CLOSED the following days:

Tuesday, December 25 Christmas Day
 Tuesday, January 1 New Year's Day

There will be no classes or programs December 17 – January 1, 2019. If you come to use the fitness or pool rooms, please enter the building through the FRONT DOOR during this time, the BACK ENTRANCE will be CLOSED.

Merry Christmas and Happy New Year!

The Season for Caring and Sharing

Let's show our Gillie Family members that we are thinking of them. Please stop by the table of holiday cards located in our lobby and sign as many as possible. Also, please leave name and address for any Gillie member who may be absent from our presence, but not from our hearts.

Thank you and Happy Holidays.

BINGO Mondays, December 3 & 17 1 pm

Holiday Bingo Bash and Brunch

Monday, December 10 11 am

Join us for some good old fashion Bingo fun with new friends at the Lazelle Recreation Center. We will eat and then play for some wonderful prizes.

Transportation is free, register at the front desk.

NEW! Tap Dance Class

Wednesday, December 5 4 & 6:30 pm

Join us for this new tap dance class which will offer instruction for intermediate (4pm) and beginning dancers (6:30pm). You must have your own shoes. Register at the front desk.

Grief Talk Sponsored by Vitas

Thursday, December 6

A Rockin' Little Christmas

**with Michael Rose and Betty Douglas-Londergan
 Saturday, December 8 Cost \$18**

**5:30 Doors open; 6:00 dinner; 6:30 dance show;
 7:00 show**

Rockin' your holiday with great Pop, Rock-n-Roll, R&B, Jazz and of course, your Christmas Favorites. We'll have Line Dance instruction, a Ballroom Dance exhibition and prizes.

Eat Better, Feel Better

Tuesday, December 11 11 am

LifeCare Alliance Dietitian Leonor Button, RD

Topic: My Plate for the Holidays.

Holiday Memories and Fellowship 11:30 am

Mon., Tues. and Weds. December 10, 11 & 12

Join us for food and fellowship as we share our favorite memories of the holidays. This is chance for members to get to know each other. Everyone is invited to bring your favorite holiday treat to share.

How to talk to your Doctor

Tuesday, December 11 9:45 am

Dr. Greenstein will be presenting a lecture on common health concerns for the senior adult. She will discuss topics that may concern you as well as what your physicians may be concerned about as you age. Enjoy learning about what is normal about aging and how best to communicate with your physician. Presented by Joette Greenstein, DO, FAAHPM (medical director for Vitas healthcare).

Alzheimer's Association Tuesday, December 11

~Support Group 12:30 pm Everyone is invited.

~Private Consultations 1:30-4 pm for yourself or a caregiver; by appointment (457-6003).

History Roundtable

Wednesday, December 12 1 pm

On this day in 1950, Vic Janowicz wins the Heisman Trophy. The life and times of the boy from Elyria.

Gillie Holiday Luncheon

Thursday, December 13 11:30 am Cost \$7

Come and enjoy: Ham or Meatloaf, Cheese Potatoes, Vegetable, Roll, Dessert and Beverage. **Tickets on sale now! (You must have a ticket for lunch; no other food will be served on this day.)**

Registration deadline: Monday, December 10

A Very Merry Gillie Holiday Party

Thursday, December 13 12:15pm Free

Enjoy the "Sights and Sounds of the Seasons" and join us for some good old fashion holiday fun with the Buckeye Harmonicas, the Guitar Gauchos and our G-Clef Chorus. We'll have holiday games and we will finish off with some line dancing. Wear your ugliest holiday sweater or tie; you might win a prize.

OSU Extension Service with Lisa Gibson

Friday, December 14 9:30 am

Topic: Identifying Whole Grains and Saving Food Dollars.

Columbus Speech & Hearing

Thursday, December 20 10 am-3:30 pm

To schedule an appointment, call 261-5452.

Center will be CLOSED the following days:

Tuesday, December 25 Christmas Day

Tuesday, January 1 New Year's Day

*Hats off to all the Volunteers for a Wonderful Year!
Happy Holidays from the Marion Franklin Staff*

Thank-You

A special thank you goes out to the Marion Franklin Community Center staff, volunteers and members for helping make our Veteran's Day Event possible.

Marion Franklin Dining Center

Lunch: Tuesday-Thursday 11 am-1 pm

LifeCare Alliance...Nourishing the Human Spirit

Santa's Workshop

Thursdays, December 6 & 13 1-3 pm

Come out and make that special gift (Specialty Holiday Craft), No Sew Blankets, for that special someone in Santa's Workshop on Candy Cane Lane at Marion Franklin. You must supply your own material. Please register at the front desk. For more information, please contact Crystal or Bobbie.

Holiday Party

Monday, December 10 11:30 am-1:30 pm Cost \$10

Celebrate the holiday season with food, fun and more!
Please register at the front desk.

Book Club Holiday Social

Wednesday, December 12 1:30 pm

Book: The Choir Director 2: Runaway Bride

Author: Carl Weber

Come celebrate the holiday with the book club. Read and participate. Please bring your Secret Santa gift card (\$10) and suggestions of great books to read for the upcoming New Year. This is our end of the year Holiday Social so bring a friend. Register at the front desk.

It's Family Feud & More

....join the "Game Show" production team right here at Marion Franklin. The team will be responsible for bringing TV Games Shows to life at Marion Franklin. Please register at the front desk if this is your passion.

**Get Ready for Black History Jeopardy @ Barnett
Deadline: Friday, December 14**

This event will be held in February but the studying starts TODAY!

Please register at the front desk.

Puppetry Institute

Tuesdays 2 pm

Come out and join the wonderful world of Puppetry. The instructor for this class is Carol Rice.

Please register at the center.

Underground Railroad

Every 1st & 3rd Monday of the month. 2:30 pm

BINGO

Every 1st and 3rd Tuesday 1-3pm

Pokeno

Every Wednesday 1-3pm

Health & Wellness Information

Barbara Parker, registered nurse is available in the Lifecare Alliance Wellness Center Monday, Tuesday and Thursday 8am-4pm; Friday 8am-4:30pm. For an appointment please call 614-437-2927

Arthritis Foundation Exercise Program

Tuesdays & Thursdays 10 am

Free Hearing Services

Call Rachel at 261-5452 for more information or to schedule an appointment.

50+ Water Exercise

Getting cold outside. Come inside to the warm water.

Session II November 14-December 19

Mondays and Wednesdays

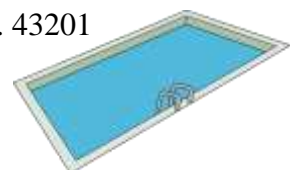
10-11 am

\$20 per session or \$2 per class

Columbus Aquatic Center

1160 Hunter Ave. 43201

For information, call 645-6122.



Center will be CLOSED the following days:

Tuesday, December 25 Christmas Day

Tuesday, January 1 New Year's Day



Martin Janis Holiday!

Party and Concert

Wednesday, December 12 Noon-3:30 pm

Come celebrate the holidays and join in the festive cheer during our annual Holiday Party! You'll definitely get in the spirit of the holidays – great food, good times and maybe even a surprise or two. We will have a wonderful potluck meal (no charge if you bring a potluck, or \$7 per person; sign up at front desk for potluck). There will be gifts for our attendees along with our fourth annual Holiday Concert! This year during mealtime we are featuring "Off the Lake Productions," an *acapella* group from OSU, and the "William Brady Project Band" bringing in the holiday spirit.

Senior Council

Wednesday, December 5

Breakfast for Lunch

Wednesday, December 5 11:30 am

Come in and enjoy the wonderful breakfast specials our talented kitchen staff serves every month! Join us for one of our most popular events of the month!

"Jean Bling"

Linda Early, instructor

\$25 per student, supplies included

Starting date and time to be announced

Learn to turn your old blue jeans into beautiful DIY recycled jewelry! Make jewelry to wear, sell or give as gifts! Sign up and learn how to:

- make beads using jean materials
- design and make earrings, bracelets and necklaces
- use jewelry making tools
- blue jean accessories (cell phone holders, pouches, etc.)

Gregg's Health Corner

Lifting Heavy Objects Safely-During the holidays there are usually more boxes or bags to lift (i.e. decorations, extra groceries, and gifts). If there is an object you need to pick up off the floor that you know is heavy, you must follow a few rules to protect your back. First, there is nothing wrong, when possible, with dividing your load and making two or more trips. You get a mini workout and save stress on your back. If you have to pick up something from the floor make sure, if able, to bend your knees with your back straight and lift the object driving up through your heels. This puts the weight on your legs, not your back. If you can't bend your knees down far enough to pick up the object, instead of bending at the waist, get someone to help!



Let's Keep it Movin'!

During the winter months the weather conditions create more challenges for people wanting to get out of the house. It is, however, necessary to keep your body moving to stay strong, boost our immune system, and keep our spirits up. The staff at the Martin Janis Center invites all members to come and have fun with your favorite indoor activity. Whether you like shooting pool, throwing darts, Wii bowling or ping pong, we're sure you'll be having so much fun you won't even know that you are exercising! Contact Greg at the center for more information, 614-645-5789.

Lunch is served!

Monday-Friday 11:30 am-12:45 pm

Save the Date:

Calling All Artists! The Creative Arts Event is just around the corner! The theme for the 2019 event is "Music of the World." No time like the present to start thinking about your project!

Be Prepared! With the coming of the New Year, tax time will be right around the corner! Remember Martin Janis offers free tax preparation, offered by the AARP. Tax prep will begin February 4 and will last until April 15, 2019. First come, first served!

**HAVE A SAFE AND PROSPEROUS
NEW YEAR!!**

Participants must present payment upon registration for all activities with fees.



Canasta

Mondays 1:30-3:30 pm; Free; Community Room

Bid Euchre (6, 7 or 8 handed can be played)

Everyone is welcome!

Tuesdays; Noon-3 pm; Free; Community Room

Progressive Bridge

Thursdays; Noon-3:30 pm; Free; Community Room

Progressive Regular Euchre: \$2 per person

Thursdays & Fridays; Noon-3 pm; Dance Room

(Have fun and win grocery prizes!)



Captain's Table

Mondays 11:30 am-1 pm \$5

Come join us on Mondays for the best lunch deal around. Bring your appetite and \$5; and we'll see you every Monday.

Contact the center with any questions.

Open Pickle Ball

Mondays, Tuesdays & Fridays

9:30-11:30 am Beginner/ Intermediate

12:30-2:30 pm Advanced

Mondays, Wednesdays & Fridays

6:15-8 am All Levels

Cost \$10 (Open Sports Pass Needed)

What is Pickle Ball? It's a popular game that looks like a cross between regular tennis and table tennis; and a fun way to get exercise. ***Contact Mike with any questions.***

International Folk Dancing

Mondays 7-8:45 pm
Free Dance Room

Come and join The Whetstone Folk Dancers for International Folk Dancing! Learn about dances from different countries and you don't even need to bring a partner. It's "No fault folk dancing."

Contact the center with any questions.



Whetstone 50+ Writers: Memory to Memoirs

This group meets every 1st and 3rd Thursday of the month. ***Contact the center with questions about meeting times.***

Classes

Classes are offered at the Whetstone Community Center for adults of all ages. We offer a wide variety of opportunities for 50+ participants including:

Wii Bowling

Tuesdays 10:30 am-Noon Free

Everyone comes at this time.

The Body Shop Workout

Tues./Thurs. 4 pm, 5 pm & 6 pm \$10 for 1 class pass, \$70 for 10 class pass, \$97.50 for 15 class pass, \$120 for 20 class pass, \$150 for 30 class pass

Woodcarving

Meets every 1st & 3rd Tuesday 6 pm Free

Bring your own supplies.

Low Impact Aerobics

Tuesdays and Thursdays 9-10 am

Wood Chippers

Wednesdays 9 am-Noon Free

Bring your own supplies

Open Walking- Gym

M, T, Th, & F 8-8:45 am Free

Fearless Falling (Adult Safety Skills)

Fridays 10:30-11:30 am \$30

Gentle Yoga

Wednesdays 10-11am \$40

Wednesdays 7:15-8:15 pm \$40

See Center Class Schedule for complete class listing. **Schedules are available in hardcopy at the front counter** & can also be downloaded from either of our websites at www.columbusrecparks.com or www.whetstonepark.org. Most of our activities are available for registration online. Register online at: <https://apm.activecommunities.com/columbusrecparks>

COLUMBUS RECREATION AND PARKS DEPT
1111 EAST BROAD STREET, SUITE 103
COLUMBUS, OH 43205

PRESORTED STANDARD
US POSTAGE PAID
COLUMBUS OH
PERMIT NO 719



Happy Holidays
Centers will be closed:

Tuesday, December 25
Christmas Day



Tuesday, January 1
New Year's Day

